

1. Describe in detail how substance use disorder treatment and support services will be delivered within the region.

In Lewis County, CJTA funding has traditionally been utilized most by the Adult and Juvenile Drug Court. Funding has been expanded to provide eligible individuals participating in therapeutic courts and incarcerated individuals who are interested in obtaining treatment and reside in Lewis County. Lewis County Public Health & Social Services (LCPHSS) contracts with two local mental health agencies (Cascade Community Healthcare and Eugenia Center) to utilize CJTA funding and provide substance use disorder (SUD) treatment, group and individual treatment sessions. Drug Court will also offer the following activities to all eligible participants: employment services and job training; relapse prevention; family/marriage education; peer-to-peer services, mentoring and coaching; self-help and support groups; housing support services (rent and/or deposits); life skills; spiritual and faith-based support; education; and parent education and child development.

Lewis County Jail works with Cascade Community Healthcare to provide Substance Use Disorder (SUD) Treatment to inmates, utilizing best practice programs such as Motivational Interviewing and other techniques. Services consist of assessments, groups (1 male and 1 female group session per week), individual therapy sessions, and outreach/referrals. The Jail also provides Medication Assisted Therapy (MAT). In an effort to focus this funding on SUD treatment for medically necessary individuals, the Lewis County Jail will maintain 12 to 15 constant participants in the MAT program, and all inmates with a desire for treatment will be eligible for an assessment and treatment.

SUD treatment and support services will be delivered to active Drug Court participants through CJTA funds. Lewis County Drug Court contracts with the Eugenia Center and all services are delivered through that contract. Services include—assessments, individual sessions, group treatment and urinalysis (UA) testing. The Lewis County Drug Court requires that participants submit to random urinalysis testing through a call in hotline. Participants are required to call in daily and report as directed. Drug Court best practices are followed with the random UA line. Further, participants must complete their entire treatment program in order to be eligible to graduate from the program. Treatment varies from inpatient, intensive outpatient, outpatient, and aftercare. Participants in the Drug Court are held to a high level of accountability. Any missed treatment activity is sanctioned in Court the following Monday. If funding allows, Drug Court participants will be offered employment services, job training, housing support services, life skills and parent education. Drug Court has the capacity to serve up to 55 participants at any given time.

2. Match

Lewis County Public Health & Social Services partners provide match dollars in the form of in-kind donations. For example, Lewis County Jail is able to provide MAT medications at a cost of

roughly \$70,000 per year, and Cascade Community Healthcare and Eugenia Center provide professional support and incur many administrative costs. Limited funding is also available through the 1/10 of 1% sales tax in Lewis County to support mental health and substance abuse treatment. This funding is allocated upon the discretion of the Board of County Commissioners.

3. Special Project

- a. Describe the project and how it will be consistent with the strategic plan.

The Drug Court Treatment model, as well as providing MAT and counseling sessions in Jail, is consistent with LCPHSS's Strategic Plan and is supported in Goals 2 (Strengthen Community Engagement: Establish LCPHSS as a dependable, supportive, and knowledgeable community partner) and 3 (Promote Healthy Choices and Environments: Promote environments that enhance health equity).

For the 2020-2021 contract year, the funding provided through ESSB 6168 will be utilized to assist those exiting jail and those currently involved with the Drug Court program with overcoming transportation barriers to getting to treatment and follow up appointments, and assistance with rent (both monetarily and in securing housing). Lewis County is geographically vast with little to no public transportation going from the east side of the county (nearly Yakima) to the population center of Centralia-Chehalis, where the majority of resources and services are located. By assisting clients with vouchers for ride services and/or bus passes, they are more likely to make their appointments and stay on their counseling and/or medication programs.

Much like transportation, housing is another major barrier in Lewis County. There is often less than a 1% vacancy rate on rentals through property rental companies and not enough verified private property owners to meet demand. By making small rental assistance available to the clients we work with during the 2020-2021 CJTA contract year, we can help to keep clients housed in safe living situations so they can focus more on their recovery and attending appointments related to their involvement with the court and behavioral and mental health.

**Proposed CJTA ESSB 6168 Funds
10/14/2020**

Item Description	Amount of Request	Remaining Budget
Total Award to Lewis County		\$59,850
Enhancing the current housing program at the current Drug Court house **This includes paying for first month rent for those in the house at the rate of \$1,000 per 10 people in the home. It will also include the purchase of new furniture, bedding, and house needs that have otherwise had to be overlooked.	\$20,000	\$39,850
Enhancing Rent Well—paying for increased case management for two months after Rent Well class for participants through Reliable Enterprises.	\$10,000	\$29,850
Enhancing new vendor/contractor for Drug Court Treatment Program	\$25,000	\$4,850
Purchase of bus passes through Twin Transit –one time pass books at the rate of \$40 for 20 passes and \$20 for 30 day unlimited rides. To be given out by the Drug Court office and Compliance Officer to participants as needed	\$4,850	0
All of the above services would enhance the current Drug Court program. It also takes into account our primary goals as a group that we talked about—housing and transportation.		

- b. Describe how the project will enhance treatment services for individuals in the criminal justice system.

Agency providers have found Substance Use Treatment that focuses on criminal thinking and education of the disease of addiction to be effective with both genders in recognizing the individuals' role/responsibility in social rules and norms as well as concern for others, which is a shift from the reasoning that often results in law enforcement encounters. Offenders are spending less time in the jail system and are being directly connected with SUD treatment services, while making community connections to provide ongoing support

during and after program completion. In order to provide the most effective services and allow participants to achieve higher rates of success in their sobriety, the Lewis County Jail will prioritize Substance Use Treatment sessions to those already receiving MAT and offer it to all inmates when a request is made by the inmate.

- c. Indicate the number of individuals who will be served using innovative funds.

The capacity of the Lewis County Drug Court is 55 participants and at any given time any of those participants could be served by these funds. Roughly 40 individuals will be served in the Lewis County Jail each month for a potential of 95 individuals served per month.

- d. If applicable, indicate plans for inclusion of MOUD within the county's Therapeutic Court programs.

The Lewis County Drug Court currently offers MAT. The program works closely with participants who take part in MAT by having them sign an additional agreement. All pills and strips are counted a minimum of once a week, depending on where they are in the program. Further, all releases are signed with the medical provider and regular communication is key. Participants agree to use one doctor and pharmacist for their prescription.

- e. Address the Fiscal and programmatic Data Reporting requirements found in Section 7 of this Statement of Work.

The Contractor at LCPHSS will submit three different quarterly reports: The Quarterly Progress Report (QPR); the Revenue and Expenditure Report (R&E); and the Programmatic Treatment Report (PTR). The reports are to be submitted within 45 days of the end of each State Fiscal Quarter. The R&E will be completed in the Excel spreadsheet provided by HCA. All reports will be submitted via the SFT. The Contractor will work with subcontractors to report success stories from individuals impacted by CJTA services.