



*Older Adult Centers & Resources*

**TIMBER RIVER CENTERS**

Morton • Packwood • Toledo • Twin Cities • Winlock

Our Mission is to meet the needs of older adults by providing direct services and access to resources through community engagement and partnerships.

We have a vision of older adults in Lewis County who are physically and mentally active in our communities, have their nutritional needs met and are thriving in their own homes.

Pe Ell Nutrition Site • Timber River Thrift  
2545 N. National Ave Chehalis WA 98532 – (360)748-0061

Lewis County Board of Commissioners,

The annual contribution of funds to our nutrition program has enabled us to support a record number of clients and meals served in 2025. We will continue offering congregate meals at our centers and are pleased to announce an expansion of services to include home-delivered meals for homebound clients beginning January 1, 2026.

Beyond our nutrition services, 2025 has brought growth across several other areas. All five centers now offer food pantries for older adults. Enrichment activities have increased countywide. Timber River Connections is now a host organization for the State Health Insurance Benefits Advisors (SHIBA) program through the Washington Office of the Insurance Commissioner. Our Long-Term Care Ombudsman Program has also expanded, now serving Mason, Thurston, and Grays Harbor counties in addition to Lewis County.

Looking ahead, 2026 will bring another year of growth for Timber River Connections and the resources we provide for the residents of this incredible county. The continued support from the Lewis County BOCC allows us to reach even more older adults and extend vital services to every corner of our community.

Nicole Barr  
Executive Director  
Timber River Connections  
[Nicole.barr@trconnects.org](mailto:Nicole.barr@trconnects.org)  
360-748-0061