

1. Describe in detail how substance use disorder treatment and support services will be delivered within the region.

In Lewis County, CJTA funding has traditionally been utilized most by the Adult and Juvenile Drug Court. Funding has been expanded to provide eligible individuals participating in therapeutic courts and incarcerated individuals who are interested in obtaining treatment and reside in Lewis County. Lewis County Public Health & Social Services (LCPHSS) contracts with two local mental health agencies (Cascade Community Healthcare and CORE Health) to utilize CJTA funding and provide substance use disorder (SUD) treatment, group and individual treatment sessions. Drug Court will also offer the following activities to all eligible participants: employment services and job training; relapse prevention; family/marriage education; peer-to-peer services, mentoring and coaching; self-help and support groups; housing support services (rent and/or deposits); life skills; spiritual and faith-based support; education; and parent education and child development.

Lewis County Jail works with Cascade Community Healthcare to provide Substance Use Disorder (SUD) Treatment to inmates, utilizing best practice programs such as Motivational Interviewing and other techniques. Services consist of assessments, groups (1 male and 1 female group session per week), individual therapy sessions, and outreach/referrals. The Jail also provides Medication Assisted Therapy (MAT). In an effort to focus this funding on SUD treatment for medically necessary individuals, the Lewis County Jail will maintain 12 to 15 constant participants in the MAT program, and all inmates with a desire for treatment will be eligible for an assessment and treatment.

SUD treatment and support services will be delivered to active Drug Court participants through CJTA funds. Lewis County Drug Court contracts with the CORE Health and all services are delivered through that contract. Services include—assessments, individual sessions, group treatment and urinalysis (UA) testing. The Lewis County Drug Court requires that participants submit to random urinalysis testing through a call in hotline. Participants are required to call in daily and report as directed. Drug Court best practices are followed with the random UA line. Further, participants must complete their entire treatment program in order to be eligible to graduate from the program. Treatment varies from inpatient, intensive outpatient, outpatient, and aftercare. Participants in the Drug Court are held to a high level of accountability. Any missed treatment activity is sanctioned in Court the following Monday. If funding allows, Drug Court participants will be offered employment services, job training, housing support services, life skills and parent education. Drug Court has the capacity to serve up to 55 participants at any given time.

2. Match

Lewis County Public Health & Social Services partners provide match dollars in the form of in-kind donations. For example, Lewis County Jail is able to provide MAT medications at a cost of roughly \$70,000 per year, and Cascade Community Healthcare and CORE Health provide

professional support and incur many administrative costs. Limited funding is also available through the 1/10 of 1% sales tax in Lewis County to support mental health and substance abuse treatment. This funding is allocated upon the discretion of the Board of County Commissioners.

3. Special Project (Supplemental Funding)

The Drug Court Treatment model, as well as providing MAT and counseling sessions in Jail, is consistent with LCPHSS's Strategic Plan and is supported in Goals 2 (Strengthen Community Engagement: Establish LCPHSS as a dependable, supportive, and knowledgeable community partner) and 3 (Promote Healthy Choices and Environments: Promote environments that enhance health equity).

For the 2021-2023 biennium, the supplemental funding provided will be utilized in two (2) different ways*:

1. Providing transportation to assist those currently involved with the Drug Court program with overcoming transportation barriers to getting to treatment and follow up appointments. Lewis County is geographically vast with little to no public transportation going from the east side of the county (nearly Yakima) to the population center of Centralia-Chehalis, where the majority of resources and services are located. By assisting clients with vouchers for ride services and/or bus passes, they are more likely to make their appointments and stay on their counseling and/or medication programs. The proposed program will:
 - Have appropriately licensed and insured CORE Health staff available to assist with Drug Court participants' local transportation needs at an average of 7 rides per week;
 - Transportation services will be available for Phase 1 and Phase 2 participants;
 - Transportation services will be utilized in relation to participants' treatment and/or Drug Court required activities and will be one-way to CORE Health treatment center or the Court;
 - Core Health will make 25 percent of funds available to sponsor bus passes for Phase 3 participants and gas cards available to assist in third party transportation of individuals to treatment centers out of the local area; and
 - CORE Health staff will track transportation services, bus passes, and gas cards provided and compile all relevant reporting as required by CJTA funding guidelines.
2. Expanding our Jail SUD program by helping fund an additional MAT provider in the Jail to allow for expansion of participation in the SUD program and to help with transitioning participants into treatment once they are exited from Jail.

*The Lewis County CJTA Panel will review and revise this work plan as needed in order to best serve the Lewis County population impacted through CJTA funding based off of legislative requirements and community needs.

Proposed Lewis County Supplemental CJTA Funding (2021-2023)
10/15/2021

Item Description	Amount of Request	Remaining Budget
Total Award to Lewis County		\$116,110
Transportation for Drug Court participants to and from treatment and/or Drug Court required activities both locally and across Washington as needed.	\$40,000*	\$76,110
Support an additional MAT Provider in the Jail to help with MAT services and expand participation in the current Jail SUD program and to assist participants with transitioning into treatment and recovery once they are exited from Jail.	\$76,110*	\$0
*Projected request based off no changes in plan during the 2021-2023 biennium.		